		stational analogu			
translational ("linear") motion		rotational motion			
translational displacement $\Delta x, \Delta y$	$d_A = r_A \Delta \dot{\theta}$ Must use radians.		angular displacement $\Delta \theta$ (delta theta)		
unit = m			unit = rad		
translational velocity	$\dot{v}_A = r_A \dot{\omega}$		angular velocity		
V	rolling: $\dot{v}_{cm} = r_{cm}\dot{\omega}$		ω (omega)		
unit = m/s	Must use radians		unit = rad/s		
translational acceleration	$a_{A,t} = \pm r_A \alpha$		angular acceleration		
a unit = m/s ²	Must use radians.		α (alpha) unit = rad/s ²		
u m = m/s			unit – rau/s		
		1			
mass	,	moment of iner	-		
<i>m</i> unit	<i>u</i> unit = kg		$I = \sum mr^2$ point masses only unit = kg m ²		
		<i>r</i> is the distance beteen the point mass and the the axis of rotation.			
		To find <i>I</i> for an extended object, use table.			
force		torque			
F unit			unit = N m		
		$\dot{\tau} = \dot{F}_{\perp}\dot{r} = \dot{F}\dot{r}_{\perp}$			
Newton's Second Law for translation		Newton's Second Law for rotation			
$\Sigma F_x = ma_{\mathrm{cm},x}$, $\Sigma F_y = ma_{\mathrm{cm},y}$		$\sum \tau = I \alpha$			
translational kinetic energy		rotational kinetic energy			
$trK = \frac{1}{2}mv_{cm}^2 \qquad un$	it = J	$\operatorname{rot} K = \frac{1}{2} I \omega^2$	unit = J		

translational and rotational analogues

the kinematics variables			
translational motion	rotational motion		
$\Delta x, v_{ix}, v_{fx}, a_x, t$	$\Delta heta, \omega_i, \omega_f, lpha, t$		
$\Delta y, v_{iy}, v_{fy}, a_y, t$			

.....

the constant-acceleration kinematics equations

translational <i>x</i> -equations	missing variables	rotational equations	missing variables
$v_{fx} = v_{ix} + a_x t$	Δx	$\omega_f = \omega_i + \alpha t$	$\Delta heta$
$\Delta x = \frac{v_{ix} + v_{fx}}{2}t$	a_{x}	$\Delta\theta = \frac{\omega_i + \omega_f}{2}t$	α
$v_{fx}^2 = v_{ix}^2 + 2a_x \Delta x$	t	$\omega_f^2 = \omega_i^2 + 2\alpha \Delta \theta$	t
$\Delta x = v_{ix}t + \frac{1}{2}a_xt^2$	v_{fx}	$\Delta\theta = \omega_i t + \frac{1}{2}\alpha t^2$	$\omega_{_f}$
$\Delta x = v_{fx}t - \frac{1}{2}a_xt^2$	v_{ix}	$\Delta\theta = \omega_f t - \frac{1}{2} \alpha t^2$	ω_i

You have to use consistent units in a kinematics equation, but you do not have to use SI units.

systematic method for solving constant-acceleration rotational kinematics problems

1. Draw the object's path. Label the initial and final positions. Draw the directions of ω and α , clockwise or counterclockwise.

2. If you haven't done so already, write down a positive direction, CW or CCW. It is usually best to choose the direction of motion as the positive direction.

3. Write down all of the kinematics variables. Underneath the variables, write down the given values, including signs, and indicate the question with a "?".

4. When you know values for three of the kinematics variables, you can choose an equation. Identify the one variable you don't care about, and pick the equation that is missing that variable. Plug in and solve. Write your final answer with a sign and units.

How to find the mome	chi of mertia i of a mass			
The moment of inertia indicates the object's	rotational inertia-i.e., how hard it is to			
change the rotation of the object.				
The moment of inertia of a collection of objects is the sum of the individual moments of				
inertia.				
point mass method	extended object method			
When you're not given the object's	When you're given the object's dimensions			
dimensions or shape.	or shape.			
Draw the axis of rotation or pivot point				
Draw \vec{r} from the axis of rotation to the	What is the object's shape?			
location of the mass. Determine \dot{r} .	Is the object hollow or solid?			
	Where is the axis of rotation?			
If the mass is located on axis of rotation,				
then $\vec{r} = 0$, so $I = 0$.	Find the part of the Rotational Inertias table			
Determine $I = m\dot{r}^2$	that matches these three characteristics of			
where <i>m</i> is the mass	the object.			
	If nothing in the table has the right axis of			
	rotation, use the table to find I_{cm} , the			
	rotational inertia about an axis through the			
	center of mass.			
	Then, if the actual axis is parallel to the			
	center-of-mass axis, you can use the			
	parallel-axis theorem to find <i>I</i> around the			
	actual axis of rotation:			
	$I = I_{\rm cm} + Md^2$			
	where M is the mass,			
	and d is the perpendicular distance between			
	the center-of-mass axis and the actual axis.			
As can be seen from the formulas for I the r				

As can be seen from the formulas for *I*, the moment of inertia has units of kg m^2 .

The torque indicates how effective the force is at changing the object's rotation.				
\vec{r} method—usually best when you know	\vec{r}_{\perp} method—usually best when you don't			
the angle between \vec{F} and \vec{r} .				
	know the angle between \vec{F} and \vec{r} .			
1. Draw the axis of rotation or pivot point				
2. Draw \vec{F} at its point of application. Determine \vec{F} , in newtons.				
3. Draw \vec{r} from the axis of rotation to the	3. Draw the "line of force", a line running through the point of application of the force			
point of application of \vec{F} . Determine \vec{r} , in				
meters.	and parallel to \vec{F} .			
If the force is being applied directly to the axis of rotation, then $\vec{r} = 0$, so $\tau = 0$. (A force applied directly to the axis of rotation cannot affect rotation.)				
4. Locate and determine θ .	4. Draw \vec{r}_{\perp} from the axis of rotation,			
	perpendicular to the line of force.			
θ is the angle between \vec{F} and \vec{r} .	Determine \vec{r}_{\perp} , in meters.			
Be careful: Just because you are given an angle in the problem doesn't mean that that angle is θ !	$(\vec{r}_{\perp} \text{ is also called the "lever arm."})$ If the force is being applied directly to the axis of rotation, then $\vec{r}_{\perp} = 0$, so $\tau = 0$. (A force applied directly to the axis of rotation cannot affect rotation.) If the line of force runs through the axis of rotation, then $\vec{r}_{\perp} = 0$, so $\tau = 0$. (A force that is parallel to \vec{r} cannot affect rotation.)			
5. Choose a positive direction for torque, eith If the object is rotating, it is best to choose direction. If there is more than one torque, yo all of them.	the direction of rotation as the positive			
6. Determine the sign of the torque, by	6. Determine the sign of the torque, by			
asking whether the force would make \vec{r}	asking whether the force would make \vec{r}_{\perp}			
rotate clockwise or counterclockwise if it	rotate clockwise or counterclockwise if it			
were applying the only torque on \vec{r} .	were applying the only torque on \vec{r}_{\perp} .			
7. Determine $\tau = \pm i \dot{F} \sin \theta$.	7. Determine $\tau = \pm \dot{r}_{\perp} \dot{F}$.			
By using the term "sin θ ," we are saying that only the component of the force that is perpendicular to \vec{r} can exert a torque.				

How to find the torque exerted by an individual force: two methods

As can be seen from the formulas for $\tau,$ torque has units of $N\cdot m$.

You must use S.I. units in the formulas for torque in step 7.

1. Identify all the objects.
Usually each thing for which you are given a mass or moment of inertia is treated as a
separate object.
2. For each object, identify all the forces on the object, and where they are being applied.
3. Identify the axis of rotation or pivot point.
4. Choose the directions of motion as the positive directions for the <i>x</i> axis, the <i>y</i> axis, and
for rotation (clockwise or counterclockwise).
5. Identify the <i>x</i> and <i>y</i> components of each force, including the signs.
Identify the torque from each force, including the signs.
Organize this information into a table of components and torques.
6. Identify the moment of inertia <i>I</i> for any object undergoing rotational motion.
If the object has multiple parts, identify the <i>I</i> for each individual part and them
up to find the total <i>I</i> .
To find the <i>I</i> of a point mass, use $I=mr^2$.
For an extended object, use a Rotational Inertias table to find the <i>I</i> .
7. Write down the appropriate versions of Newton's Second Law for each object.
$\sum F_x = ma_{cm,x}$, $\sum F_y = ma_{cm,y}$, $\sum \tau = I\alpha$
Plug the appropriate information into each equation.
8. If necessary, use $a_{A,t} = \pm r_A \alpha$ to substitute for $a_{cm,t}$ or α .
9. When you have as many equations as unknowns, reduce the number of variables by
solving one of the equations for a variable and substituting for that variable into the
remaining equations; repeat as many times as necessary.

How to use Newton's Second Law for rotational motion

1. Identify all the objects.